

FIRST AID KIT CHECKLIST

According to the American Red Cross, the following items are needed to have a proper First Aid Kit. Have an adult help you put one together and check each item off. Make sure to add your first aid kit to your family preparedness kit.

- Absorbent compress dressings & adhesive cloth tape
- Adhesive bandages in assorted sizes
- Antibiotic ointment
- Antiseptic wipes
- Aspirin
- Blanket
- Breathing barrier
- First aid instruction booklet
- Hydrocortisone ointment
- Instant cold compress
- Non-latex gloves
- Oral thermometer
- Roller & triangular bandages
- Scissors
- Sterile gauze pads
- Tweezers

